Tough Girl Runner Bingo

1 MILE DAILY CHALLENGE in MARCH with INOV-8 #MARCHDAILYMILE

## **DESIGN YOUR OWN RUNNER BINGO!**

RUNE			
	TOUGH GIRL CHALLENGES		
		The Management of the Control of the	USE TOUGHGIRL20 FOR A 20% DISCOUNT

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## FOLLOW ALONG WITH @TOUGHGIRLCHALLENGES

RUNE	Nature Run	Run in the sunshine	Unplugged Run	Wear Pink
Road Run	Run to a local landmark	Sunrise Run	Run Laps	Lunch Time Run
Run in the Park	Trail Run	Head out North	Hug a tree	Listen to Music
Pick Up Litter!	Head out West	TOUGH GIRL CHALLENGES	Head out East	Fancy Dress!
Listen to a Podcast	Beach Time	Head out South	Hill Runs	Fast mile
Run for FUN!	Run Selfie	Run Backwards	Run in the Rain	Silly Socks!
Find a new route	Draw a Strava Picture	Fartlek Run		USE TOUGHGIRL20 FOR A 20% DISCOUNT

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